



## Olivia

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“This is my favorite thing to do each year. I always ask if I can give a message because I have a lot to say. I lost my leg when I was very young. But I never once let that get me down. I get around just like the cats with four legs. But what I don’t like is when I feel someone look at me and feel sorry for me. I have never felt sad about my life. I am doing great! I am so incredibly lucky! So, if I am not feeling a loss, please don’t feel a loss on my behalf. It is something that I notice humans do. You often focus on what you think is missing instead of what you have. I see so many people with heavy hearts. I try to help lighten their load. But some people just like to continuously look at things negatively. That makes me sad. We want you to see the beauty in imperfection. Feel gratitude for the things you do have. And stop being so angry. It is such a waste of your beautiful energy.”



**SPRING FARM CARES**

Animal and Nature Sanctuary