



## Shawnee

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“When I was born, my mother died. I would have died too if it wasn’t for the kindness of humans who showed up to help. I have had many horse friends as I grew up that took me in and made me part of their family. I have since also lost all of them. But I had a choice in life to give in to that loss and let it overcome me or for me to find something new to focus on. I chose to focus on being a friend to others who found themselves alone. And my life is now rich with so many things. When we choose purpose and kindness over despair, it heals our hearts. I hope you will trust your heart to kindness and be the gift this world needs. That is my message. I am grateful you asked.” ”



**SPRING FARM CARES**  
Animal and Nature Sanctuary